Central referral line

0800 090 1356

This phone line is open 24 hours, seven days a week

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These are our values. What we believe in. What you can count on.

- Taking quality to the highest level
- Working together
- Caring safely
- Uncompromising integrity
- Valuing people

St John’s House
Diss, Norfolk

Medium and low secure services for men and women with learning disabilities

All details correct at time of going to press. 11/16.
St John’s specialises in working with men and women with learning disabilities, many of whom have a history of offending behaviour and may have other conditions including autistic spectrum disorder, personality disorder and mental illness. We provide a holistic and individual approach to ensure patients achieve their full potential of safe living in the least restrictive environment. St John’s offers medium and low secure services as part of the full discharge pathway where patients are supported to move onto nearby low secure Burston House and community rehabilitation services Lombard and Richmond House.

About St John’s House

St John’s House team

Patients work closely with their clinical team to agree goals to progress towards more independent living. The St John’s House full time specialist (MDT) is led by:

- Rosario O’Connell, Regional Executive Director
- Fungai Nhiwatwa, Hospital Director & Registered Manager
- Dr Sudeep Hoare, Clinical Director

Specialist treatment:

The St John’s treatment plan spans assessment and motivational work, foundation, offence-specific, personality disorder syndrome reduction, relapse prevention and preparation for discharge.

The specialist MDT offer a unique 10 point treatment programme provided by a full multidisciplinary team. The intensive clinical programme consisting of 1:1 and group therapy, comprises:

1. Multi-axial diagnostic assessment
2. Psychological assessment
3. Psychological interventions
4. Offence – specific psychological interventions
5. Risk Assessment including MoACP
6. Pharmacotherapy
7. Life skills and education
8. Vocational rehabilitation and community participation
9. Physical healthcare
10. Preparation for transition/discharge

Life skills, education, vocational and real work opportunities

The occupational therapy led skills, education and vocational programme teaches patients independence and transferable skills. Patients are encouraged to develop their skills in a community setting and individual programmes will vary dependent on patients’ needs as they progress through medium secure to low secure and community rehabilitation services. Patients are supported to participate in the on-site or community based real work opportunities programme including employment and voluntary placements.

Therapeutic environment

St John’s benefits from access to local community services and a range of on-site facilities including:

- Rehabilitation kitchen
- Information and communication technologies room
- Education room
- Art room
- Vegetable gardens
- Hairdressing salon
- Animal Care
- Gym
- Horticulture
- Woodwork

“...My Psychology has really helped me move on. I do not want to spend the rest of my life in hospital – I want a life outside hospital.”

Fungai Nhiwatwa

Hospital Director & Registered Manager

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