



Llanarth
Court Hospital
Women's
Services
Monmouthshire

Enabling and
supporting recovery

Central Referrals 0800 218 2398
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Partnerships in care
Changing lives for the better

Llanarth Court Hospital Women's Services



Llanarth Court Hospital offers a gender specific service for women with complex mental health needs including mental illness, personality disorders and complex trauma.

Our two purpose built units are:

- **Awen** – a medium secure, 16 bedded ward
- **Woodlands** – a four bedded open rehabilitation bungalow

Facilities

The hospital is set in 80 acres of beautifully kept grounds with educational, occupational and sporting facilities including a gymnasium and a swimming pool.

Awen ward is purpose built with 16 individual en-suite bedrooms and has a range of common rooms and a large lounge. We have two therapy rooms that are currently utilized for art, computer and craft sessions. There is a large dining room and an Occupational Therapy kitchen, where the patients can prepare meals. We have a number of visitor rooms on Awen and there are facilities on site for child visiting.

Patients have access to a secure garden and patients with the relevant pass can access the beautiful grounds and lakeside areas.



Awen has an intensive care suite that is self contained with its own bedroom, lounge, toilet and secure garden area.

The women's service uses the tidal model and the recovery approach to empower the women to be actively involved in their recovery.

Woodlands rehabilitation ward is purpose built with four individual en-suite bedrooms, kitchen, dining room and large lounge. Woodlands' aim is to promote independence in the activities of daily living and promote social inclusion within the community.

Our Multidisciplinary Team

We have a high staff patient ratio including psychiatrists, nurses, psychologists, art psychotherapists, sports therapists, education tutors, social workers, GPs, activity coordinator and occupational therapist.

Individual and group therapies promote the women's awareness, understanding and management of their own mental health problems.

Service aims and objectives

- To meet the needs of women with complex mental health problems, and challenging behaviours
- To work with the individual to address the issues underlying their difficulties in a way which is anti-discriminatory and non oppressive

- To promote an effective risk assessment framework
- To engage and regularly liaise with each patient's community team, family, carers, and funding commissioners. (Invitations to CPA's).

Admission criteria

- Women over 18
- Detained under the mental health act 1983
- Will accept referrals from HMP service, secure hospitals, or other psychiatric hospitals
- Women with mental illness, personality disorders complicated by substance misuse, offending behaviour, or complex trauma.

Further Information and Referrals

For further information, to arrange a visit or to make a referral, please contact: Karin Wathen
Referrals manager Tel: 01873 840555
Email: kwathen@partnershipsincare.co.uk
or by contacting the PiC 24-hour referrals helpline on 0800 218 2398.

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