

# Kneesworth House

Mental Illness, Personality Disorder and Learning Disability Services in the South East



Enabling and supporting recovery

Central Referrals 0800 218 2398  
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# Services for Men & Women in the South East

## Patient Services

Services at Kneesworth House Hospital are offered within spacious medium secure, low secure and step down environments. Within a care pathway structure we provide care and treatment to promote recovery and a positive patient experience. Kneesworth House Hospital is located in extensive grounds on the Hertfordshire/Cambridgeshire border.

We provide treatment in a manner that maintains patients' dignity and enhances their self-esteem and social acceptance in a safe and supportive environment.

## Services Provided

- Male mental illness services are available in medium secure and step down facilities. The services offer specialised assessment, treatment and care for patients whose needs cannot be met in mainstream services.
- Female mental illness services are available in medium secure, low secure and step down facilities. The services offer specialised assessment, treatment and care for women with a primary diagnosis of mental illness.

- Personality disorder services for both male and female patients are offered in medium secure and step down environments, where the emotional distress suffered can be both understood and alleviated, and risk behaviours reduced.
- Learning disability services for men with mild to borderline learning difficulties and challenging behaviours are available in medium secure and step down facilities.

## Treatment Programmes

A patient's treatment plan and care pathway is progressed via a well-established Care Programme Approach (CPA) structure which has at its core patient involvement. Full liaison with representatives from commissioning bodies is also an integral element.

Treatment and rehabilitation programmes are planned individually and are based on a range of interventions, including individual and group psychotherapy, arts therapies cognitive behavioural therapy, social and practical skills training and family work.

There is an extensive occupational therapy led patient engagement service with access to classrooms, kitchens, art room, drama studio, two gymnasiums, a fitness centre, tennis court and an indoor swimming pool. Part of the site has been dedicated to

a Skills Centre, where patients can learn additional skills to recognised standards including carpentry and horticulture.

In addition to the full range of psychological assessment and treatment services, we offer specialist treatment programmes including:

- Substance Misuse Services
- Sexuality Service and Sex Offender Treatment Programme
- Fire Setting Programme

## Further Information

If you require more information please contact: Andy Wadley, Referrals Manager

Tel: 01763 255708

or David Bidwell, Unit Manager

Tel: 01763 255700

Alternatively call our Central Referrals on 0800 218 2398

Email: [referrals@partnershipsincare.co.uk](mailto:referrals@partnershipsincare.co.uk)

For directions from major motorways and via public transport, please refer to our website

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