

Referrals

Referrals are considered for:

- male patients aged 18 and above with a primary diagnosis of learning disability
- female patients aged 18 and above with a primary diagnosis of mental illness and/or personality disorder

We would only admit patients who require treatment in conditions of medium security.

All patients referred to PiC services in the Midlands will be assessed before admission. All PiC hospitals operate the Care Programme Approach and are committed to close working relationships with all relevant agencies significant to patient's care and treatment.

Independent advocacy

An independent advocacy service is available at Calverton Hill through

a contract with Rethink and WISH. The advocates are experienced in working with patients with mental disorders.

The overall objective of the advocacy service is to enable patients to promote their opinions, through listening to, recording and reporting their views.

Quality

Calverton Hill works within the structure of clinical governance to deliver a high quality of care to patients.

It is the policy of the unit to deliver the highest quality of service to its customers and this is underpinned by a number of initiatives. Calverton Hill has developed a quality framework,

which reflects that of the NHS. The Medical Director will support and supervise clinical governance activity.



For further information on our services at Calverton Hill or our other services in the region, please contact: Dr. Peter Snowden, Medical Director or Frank Corr, Regional Executive Director Tel: 0115 966 1500 email: fcorr@partnershipsinicare.co.uk

Alternatively you may contact the PiC 24 hour referrals helpline on 0800 218 2398.

For more general information on Partnerships in Care please email: info@partnershipsinicare.co.uk

For directions from major motorways and via public transport, please refer to our website (www.partnershipsinicare.co.uk)



A new service for patients with a mental disorder and/or learning disability



A new service for patients with a mental disorder and/or learning disability

Calverton Hill, located near Arnold in Nottinghamshire, offers a purpose built medium secure hospital with 64 beds. The four 16-bedded wards provide specialist treatment services for men with a learning disability and women with mental illness and/or personality disorder.

Partnerships in Care (PiC) has 25 years of experience in dealing with extremely challenging patients. Calverton Hill, like all PiC units, embraces a holistic patient-centred approach to care.

The new facilities and resources provide patients with the opportunity to enhance their social, educational, occupational and recreational skills. Both staff and patients are engaged in monitoring and developing the service.

Our aim

Our aim is to provide a safe environment for the long term care and treatment of men with a learning disability and women with mental illness and/or personality disorder. All patients are detained under the Mental Health Act and present with challenging behaviours.

Treatment programmes

Our multidisciplinary patient care teams ensure the continued delivery and development of a portfolio of psychological treatment interventions, including:

- Dialectical behaviour therapy
- Arson treatment
- Anger management
- Substance misuse
- Cognitive skills
- Anxiety management
- Sex offender treatment programme
- Mood Master treatment

The therapeutic treatment programmes, which are responsive to the individual's strengths and abilities as much as their limitations, ensure all patients have the opportunity to address their longstanding complex needs.

Our ultimate goal is to develop a relapse prevention plan which will then form the basis for managing the individual's future care.

Our professional clinical teams include:

- Nurses
- Psychiatrists
- Psychologists
- Social workers
- Occupational therapists
- Speech and language therapists
- Education lecturer
- Technical instructors/personal trainers



Our facilities

Calverton Hill offers an exceptional environment for patient care.

Facilities on site include:

- Large light communal areas
- Gymnasium
- Separate fitness room
- Patient shop
- Patient library
- On and off ward dedicated therapy rooms
- Patient laundry and kitchen on each ward

Our services for women

The medium secure women's service at Calverton Hill expands and strengthens PiC's recognised services in the Midlands (formerly known as Women's Mental Health Services) for women with complex forensic mental health needs, including personality disorder.

The new unit provides specialist secure services in conditions of medium security. Whilst the unit meets all new standards, care has been taken to provide an environment which is highly therapeutic and spacious.

Our approach

Women with mental health problems have very specific and individual needs. In the setting of our patient centred recovery approach our multidisciplinary teams offer structured programmes of therapeutic services which can be tailored to meet the needs

of patients. Patients undertake activities according to their assessed requirements with a focus on improving their psychological and social integration.

We seek to empower patients using the recovery approach to maximise their strengths and abilities to achieve a better quality of life and increased independence. To help achieve this, patients have access to a comprehensive range of facilities that complement their therapeutic programmes.

Care pathways for women

Women access our services according to their needs. Women will start their care pathway at Calverton Hill if their condition requires treatment in a medium security setting.

PiC offers an integrated care pathway for women through our established services at Annesley



House, low secure service and The Willows, locked rehabilitation and recovery service.

Continuity of therapy is achieved through our unique care pathway which ensures continuous risk assessment and treatment of complex needs as they progress through the levels of security.



Our services for men

Calverton Hill treats and cares for men, aged 18 and above, detained under the Mental Health Act, who have a primary diagnosis of Learning Disability, a complex forensic history and require treatment in a medium secure service.

The services at Calverton Hill are provided in an environment where the emotional distress suffered can be both understood and alleviated. We recognise the optimum environment is one with a generous allocation of physical space and access to secure open areas. A number of therapeutic and recreational programmes are provided.

Our approach

In the setting of our patient centred recovery approach our multidisciplinary teams offer structured programmes of therapeutic care which can be tailored to meet the specific needs of our patients.

Calverton Hill provides an opportunity for patients to address their longstanding, problematic behaviours associated with learning disability and offending behaviour.

There is a focus on developing a positive attitude towards treatment through the motivation, engagement and encouragement of patients. The environment and relational resources have been designed to nurture the mental wellbeing of patients and help them develop effective coping strategies to ensure successful progression in their treatment and recovery.

Care pathways for men

Our care pathways for men are developed in conjunction with stakeholders, offering continued care within a PiC service where suitable.

Hazelwood House, near Chesterfield, provides low secure learning disability services for men, and forms part of the available care pathway.

