

Annesley House

Low Secure Care
for women in the
Midlands



Enabling and
supporting recovery

Central Referrals 0800 218 2398
www.partnershipsincare.co.uk


Partnerships in care
Changing lives for the better



Annesley House – A positive recovery experience

Annesley House is a 32 bed, low secure service for women with mental illness and/or personality disorder, and who are detained under the Mental Health legislation. A secondary diagnosis may include learning disability and substance abuse.

The purpose of the unit is to:

- empower patients through involvement in their care and treatment and in decision making within the service
- maintain and develop appropriate skills through treatment, occupation, education and social integration
- identify and develop the most appropriate clinical services to reflect the patient's needs
- provide high quality treatment to patients that adapts to meet their changing needs
- promote the rights of women

This is achieved by having strong supportive relationships with each patient and by working in partnership to ensure objectives agreed in each care plan are achieved. These are regularly monitored in cooperation with the Ministry of Justice (for restricted patients), commissioners and others involved in the current and future care of the patient. The effectiveness of interventions is monitored using the recovery model.

Annesley House is part of PiC Midlands' care pathway for women that allows patients to step-down

from a medium secure service at Calverton Hill and to step-down to The Willows community rehabilitation service near Newark. Patients can also be referred directly to Annesley House.

Care pathway

The patient care team at Annesley House consists of experienced, specialist forensic professionals, including a consultant forensic psychiatrist. We also provide a physical healthcare team consisting of a GP and registered general nurse (RGN) who provide a weekly service. In addition the RGN leads a team of physical health coordinators who promote physical wellbeing.

The pathway begins following initial assessment and admission. Detailed assessments are undertaken by the patient care team members in collaboration with the patient, their family and/or carers, with the aim of identifying an individualised programme with the least restriction.

As the patient progresses, the next step is to address identified treatment and care needs. This is done by establishing a programme of treatment and engagement which meets the needs and manages identified risk in a climate which promotes a positive recovery experience. This programme includes Section 17 leave with appropriate support and supervision.

The final stage of the recovery process, within the low secure environment, is maximising the patient's independence in daily living

and facilitating more access to the community in preparation for discharge or transfer home or to an open residential setting.

Specialist therapy and care programmes

The patient's individualised programme is regularly evaluated and reviewed by the patient and the care team to ensure the goals are being met and the programme continues to be relevant to the patient. Programmes include:

- Dialectical behaviour therapy
- Cognitive skills training
- Alcohol and substance misuse
- Anger management
- Anxiety management
- Arson treatment
- Occupational therapy

For further information

To learn more about our services at Annesley House or our other services in the region, please contact: Miriam Parker, Low Secure Services Manager, PiC Midlands.
Email: mparker2@partnershipsincare.co.uk

Alternatively you may contact the PiC 24 hour referrals helpline on 0800 218 2398.

