



Stockton  
Hall  
Yorkshire

Mental Health  
and Learning  
Disability Services  
in the North East

Central Referrals 0800 218 2398  
[www.partnershipsincare.co.uk](http://www.partnershipsincare.co.uk)

  
Partnerships in care  
Changing lives for the better

# Stockton Hall

## Our services

Stockton Hall, near York, provides medium secure psychiatric facilities for adult men suffering from mental illness, personality disorders or a learning disability. A dedicated women's mental illness and borderline personality disorder service is also available.

Stockton Hall is built around a pleasant courtyard with mature gardens. Its location provides the perfect backdrop for extensive rehabilitation and recreational facilities.

## Driving Innovation

Stockton Hall prides itself on a reputation for providing reliable, value for money services that drive innovation. Services include:

- Accommodation in modern, single sex wards
- A comprehensive, flexible range of psychological treatments and therapies supported by recreational and sporting opportunities



Painted by  
RW at Stockton Hall

- A range of well established mechanisms for patient input and involvement, including patient representatives and community meetings
- A commitment to assess all referrals within 48 hours.

## Treatment Programmes

Patients have the opportunity to access a number of therapeutic and recreational programmes during their stay.

As well as leading psychiatrists, patients have access to highly qualified and experienced forensic clinicians. These clinicians deliver a specialist forensic service that covers both risk assessment and management, cognitive assessments, assessments of personality, offending behaviour interventions and individual therapies, including:

- Dialectical Behavioural Therapy (DBT)
- Cognitive Behavioural Therapy (CBT)
- Substance Misuse
- Sexual Offending Interventions
- Schema Focused Therapy
- PSST
- CALM.

Other interventions offered may include anxiety management, social skills training, review of individual

occupational needs, self esteem and community skills assessment, as well as providing risk assessments for accessing different workshops.

The hospital multidisciplinary teams deliver effective ward based activities in collaboration with other disciplines, for example:

- The Healthy Lifestyle Group
- Anger Management
- Mental Health Awareness.

## Recreational Facilities

There is a dedicated centre where a range of interventions are offered, including woodwork, animal care and horticulture, art/pottery and domestic rehabilitation. There are also facilities for music mixing and learning to play musical instruments.

## Further information

We offer a comprehensive range of services to meet the needs of patients, commissioners and case managers and welcome requests for tailored and complex packages of care. For further information or to make a referral please call the Referrals Manager on: 01904 400500 or the PiC 24 hour referrals helpline on 0800 218 2398.

