

# The Spinney

Low Secure  
Services  
Manchester



Enabling and  
supporting recovery

Central Referrals 0800 218 2398  
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# The Spinney Low Secure Services

Hindsford ward is a 10-bedded male low secure facility within the grounds of The Spinney medium secure hospital. The ward offers a step down facility for those patients moving from medium or high secure services as well as provision for people requiring low secure care from the community or other psychiatric facilities. The unit offers 10 en-suite beds for patients who are detained under the Mental Health Act.

## Service Aims and Objectives

Hindsford ward provides a patient-centred approach with a focus on empowering individuals by developing their independence and self-management and ultimately recovering their lives. A positive model of care, which incorporates Reinforce Appropriate Implode Disruptive (RAID) techniques and pro-social modeling to motivate and encourage individuals, underpins the ward ethos. The ward strives to enable all patients to achieve their optimal level of functioning and the Care Programme Approach drives this.

## Treatment Programmes

Men on Hindsford ward have access to a range of psychological and occupational therapies. These include both group and individualised programmes



that can be adapted to meet the needs of the individual.

Therapeutic programmes offered include:

- Life Minus Violence Enhanced (LMV-E)
- Substance misuse
- Emotional regulation
- Offence-focussed interventions.

Activities available include; horticulture, swimming, gym and education.

In addition, links with local community service providers are encouraged to assist with both skill development and reintegration into the community where this is an appropriate aim.

## Multidisciplinary Team

Men on Hindsford ward have access to and input from a range of experienced health care professionals. These include consultant psychiatrists, chartered psychologists, registered nurses, social workers, occupational therapists and support workers. All staff work collaboratively with individuals to maximise their potential and achievement of goals.

## Admission Criteria

- Men over the age of 18 years
- Detained men with or without offending histories who benefit from recovery based programmes

- Admissions can be accepted from a range of settings including secure hospitals, psychiatric intensive care units and the community

- Individuals with a degree of dependency relating to mental health, physical health and mobility needs, for whom quality of life is a primary feature of care needs

- Individuals in the community, whose community placement has broken down due to deterioration in mental health, behavioural problems, or crises in personal, domestic and family circumstances. Certain individuals with mental health needs may have just been released from prison or are deemed to be inappropriately placed in a probation/re-settlement hostel.

## Further Information and Referrals

For further information, to arrange a visit or make a referral, please contact: Zoe Elms, Referrals Manager  
Tel: 01925 400 645

Email: [zelms@partnershipsincare.co.uk](mailto:zelms@partnershipsincare.co.uk)  
or contact the PiC 24 hour referrals helpline on 0800 218 2398.

