



MacArthur Building Warrington

Women's secure
psychiatric services

MacArthur Building



The MacArthur Building is a purpose-built 44 bedded secure service for women – one of the services offered on the Partnerships in Care (PiC) Arbury Court hospital site. With The Spinney and Kemple View, Arbury Court is one of three PiC Hospitals in the North West of England.

Our Services

The MacArthur Building is a free standing unit offering four 11 bedded wards including medium and low secure services. Built to current specifications and of modern design, the wards offer bright day areas, access to rehab kitchens and all bedrooms are fully en suite.

The development of four complementary wards with differing levels of security has allowed the development of a safe, integrated pathway of care.

Referrals and assessment

The MacArthur Building is able to admit women above the age of 18 with diagnoses of mental disorder.

All referrals to the service will be assessed within 48 hours.



Arbury Court
Townfield Lane, Warrington, Cheshire, WA2 8TR

Under normal circumstances, referrers should expect to learn the outcome of an assessment within three days of a referral being made.

Clinical excellence

Treatment within The MacArthur Building is delivered by a full multi-disciplinary team consisting of consultant psychiatrists, psychologists, occupational therapists, social workers, and nurses. All clinical teams are led by a consultant psychiatrist acting as the patient's Responsible Clinician. The treatment programmes are evidence based and subject to constant review and evaluation.

Treatment programmes

The MacArthur Building offers a range of specialist treatment programmes which are designed and delivered to meet the needs of female patients, these include:

- Self harm reduction and management
- Reduction of risk of arson and fire setting
- Reduction of risk of violence and aggression
- Alcohol and drug treatment programmes
- Management of eating disorders.

All clinical programmes are underpinned by recovery and positive psychology.

Risk assessment

A range of risk assessment tools are used throughout a patient's stay to inform risk management and clinical decision making. Standardised tools will include HCR-20, and START. HoNOS-secure is the standard outcome measure that is in routine use as part of the CPA process.

Rehabilitation and recreational facilities

Rehabilitation through meaningful activity constitutes an important part of the work of The MacArthur Building. The service has extensive occupational therapy facilities including art rooms, kitchens, class rooms, dance studio, gymnasium and health and beauty salon. The service has developed links with the local community to help with the process of rehabilitation and recovery.

For further information

If you would like to make a referral to The MacArthur Building service at Arbury Court, or learn more about our therapeutic programmes, please contact: Zoe Elms, Referrals and Marketing Manager on 01925 400645 or alternatively call our Central Referrals on 0800 218 2398.

Emergency referrals to The MacArthur Building service can be made on 0800 218 2398.