



Llanarth
Court
Monmouthshire

Enabling and
supporting recovery

Central Referrals 0800 218 2398
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Partnerships in care
Changing lives for the better

Llanarth Court

Our Services

Llanarth Court, near Abergavenny in Monmouthshire, provides a range of secure and open facilities for men and women with mental disorders. Located on a site of 78 acres the hospital offers a comprehensive care pathway comprising:

- medium secure and low secure services for adult men suffering from mental illness, personality disorders, learning disabilities or any combination of these difficulties
- separate, dedicated medium secure and open rehabilitation accommodation for women with mental illness and/or borderline personality disorders
- access to our nearby step-down rehabilitation facility, Aderyn, for patients requiring ongoing care and support.

Service Aims and Objectives

Every patient's journey begins with a comprehensive 8-12 week assessment to provide a clear understanding of their problems and treatment needs. These assessments can be tailored to meet the requirements of the courts.

Our Care Programme Approach is designed to significantly improve the quality and effectiveness of patient care and treatment. This approach emphasises the patient's involvement. By routinely



assessing the risks involved we are able to allow patients as much individual responsibility as possible and promote their active collaboration in their own treatment plan.

The well-established mechanisms for patient input and involvement include a Patients' Council, a Patients' Catering Committee, community meetings and a regular Patients' Satisfaction Survey.

Treatment Programmes

Treatment and rehabilitation programmes are planned individually and are based upon a range of interventions which may include:

- Psychopharmacology
- Dialectical Behavioural Therapy
- Individual and Group Cognitive Behavioural Therapy
- Occupational therapy
- Adult education
- Substance misuse
- Art-based psychotherapies
- Offence focused therapy
- Anger management
- Sex offender programmes
- Voices groups
- Social skills
- Music appreciation
- Sports therapy
- Health promotion
- Smoking cessation
- Practical skills training.

Our clinical teams have considerable experience in the assessment and care of mentally disordered offenders and other service users requiring a secure placement.

The teams include; consultant forensic psychiatrists, forensic clinical psychologists, nurses, a practice development nurse, social workers, occupational therapists, adult tutors, sports therapists, art psychotherapist, music therapist and practical skills instructors.

Therapeutic Facilities

The therapeutic and recreational facilities include occupational therapy rooms, practice kitchens, group therapy rooms, art rooms, music rooms, classrooms, sports hall, cardio-vascular suite, indoor swimming pool and a centre with opportunities for horticulture, woodwork and other practical skills.

Patients with the appropriate pass can access the hospital's extensive and beautiful grounds.

Further Information and Referrals

For further information, to arrange a visit or to make a referral please call the Referrals Manager on 01873 840555 or contact the PiC 24-hour referrals helpline on 0800 218 2398.

