



Lombard House,
Richmond House
& Rectory House
Norfolk

Learning Disability Step-Down Rehabilitation Services, Norfolk



Partnerships in Care's (PiC's) Learning Disability Step-Down Rehabilitation units offer rehabilitation and recovery for men and women.

Lombard house is a locked 6-bedded community based rehabilitation service for men, situated in a quiet rural setting.

Richmond house is a locked 8-bedded community based rehabilitation service for men and women, situated in the suburbs of a bustling market town.

Rectory house is an 8-bedded low secure, hospital-based rehabilitation service for men, situated on the Burston House site. Its position within the grounds of a hospital setting allows greater security for those patients who require more support than that which is available within a community setting.

Service Aims and Objectives

The units' aims and objectives are geared towards promoting social inclusion, independence, making choices and upholding rights for patients through supporting links with the community, enhancing social roles, and actively involving patients in their care and treatment.

Patients referred to these facilities will typically have undertaken the intensive therapeutic work associated with assessment and treatment care pathways, but may require ongoing session work and support.

An innovative addition to the facilities of Lombard House and Richmond House is the provision of a

transition bed where patients can be assessed for their ability to cope within a community setting before they are finally transferred.

Treatment Programmes

Treatment programmes at the units, facilitated by the multidisciplinary teams, are aimed at helping individuals reach their optimum level of functioning. This is done by enhancing their functional and social skills, promoting vocational associated learning, healthy lifestyles and maintaining and developing self care skills.

Individual personalised plans are designed for each patients' specific needs and may include psychological treatments, individual or follow on group work, focussed on specific interventions. These may range from supportive therapy to maintenance therapy programmes. The models used vary and include cognitive, behavioural, systemic and psychodynamic to suit the strengths and needs of the individual.

Facilities

These units are part of the PiC LDS care pathway and as such can avail themselves of any of the facilities on the St John's House and Burston House sites. These include fitness rooms, full life skills and education departments including computer rooms, health and beauty salons, etc. Off site facilities like a swimming pool, library and other appropriate facilities are also available and encouraged within the local community.

Admission Criteria Lombard House and Rectory House

- Men between the ages of 18 and 70 years.

Richmond House

- Men and women between the ages of 18 and 70 years.

All LDS step-down rehabilitation units

- Patients should have a learning disability, but may also have an associated mental illness, autistic spectrum disorder, or personality disorder.
- Patients should have undertaken a period of treatment within an Assessment and Treatment Service (either within or outside PiC facilities) and/or have an identified need to further develop their community based life skills.
- Patients should ideally have reached a level of risk whereby they have unescorted grounds leave.

Further information and referrals

For further information or to make a referral, please contact:

Mr John Forrest, Referrals Manager

Tel: 01379 643334

Email: [jforrest@](mailto:jforrest@partnershipincare.co.uk)

[partnershipincare.co.uk](mailto:jforrest@partnershipincare.co.uk)

Or by contacting the PiC 24 hour referrals helpline on 0800 218 2398.

Part of the PiC Learning Disability Services care pathway with St John's House and Burston House