



Burston
House
Norfolk

Enabling and
supporting recovery

Central Referrals 0800 218 2398
www.partnershipsincare.co.uk


Partnerships in care
Changing lives for the better

Secure Learning Disability Services for Men

Based in a village near the town of Diss in Norfolk, Burston House offers 31 beds within an established secure setting.

Burston House is one of four linked hospitals that provide high quality, specialised treatment and care for adults with learning disabilities, where their needs challenge the existing service provision. Together the hospitals form an 87 bedded service for people with learning and other developmental disabilities and behavioural problems.

Patient group

The unit admits men aged 18 to 70 years with learning or other developmental disabilities who are liable to be detained under the Mental Health Act.

A substantial proportion of those admitted will have, in addition to their learning disability, co-morbidities like mental illnesses, autistic spectrum, other developmental disorders, personality disorders and substance misuse.

Accommodation is provided with on-site recreation facilities.



Treatment and Care Pathway

Patients have an active involvement in the treatment process and are assessed for multi-axial diagnosis, psychological formulation and risk. Their progress is monitored through regular Care Programme Approach (CPA) reviews.

Care is provided by an experienced multidisciplinary team including specialist nurses, consultant psychiatrists, psychologists, occupational therapists, teachers, social workers, speech and language therapists and technical instructors.

We offer specialist intervention programmes for offending and other behavioural problems.

Working with all our local units, Partnerships in Care (PiC) Learning Disability Services is able to offer medium secure and low secure units, pre-rehabilitation wards and community based rehabilitation units. Semi-independent flats are also being developed.

We place emphasis on educational and vocational rehabilitation with a focus on seeking outside work settings for patients.

Evidence based practice

Burston House offers a round the year staff training calendar using nationally recognised programmes. PiC has accreditation with the British Institute of Learning Disabilities (BILD) for the induction programme and the Prevention and Management of Violence training programme.

We have a culture of research and audit activities with a good record of peer reviewed publications, particularly in the areas of personality disorders, psychological treatment programmes and treatment outcomes.

We carry out systematic audits to look at both process and long-term outcomes of treatment.

Further information and referrals

Referrals are accepted from high secure hospitals, medium or low secure services, acute psychiatric services, courts, prisons and MAPPA Panels. We also accommodate emergency admissions.

For further information or to make a referral, please contact:

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